

**ACTIVITY PERMIT ELEMENTARY ATHLETICS  
HARTLAND SOUTH  
2016 – 2017**

**Cross Country/Track and Field Club (Grades 3 - 5)**

**This club will introduce kids to mile runs, sprints, hurdles, relays, and other Misc Track and field events. Please see the specific start dates below.**

**Cost \$30.00 (t-shirt included)**

Practices for Hartland South (grade 3 – 5)

Monday 4:00 – 4:45 p.m. Meet at NSMS soccer field (Sept 12,19,26)

Wednesday 8:00 – 8:30 a.m. Meet at South sept (14, 21, 28, October 5)

**\*\* THIS PART TO BE FILLED OUT BY PARENT/LEAGAL GUARDIAN – PLEASE PRINT \*\***

**Student Name:** \_\_\_\_\_ **Teacher/Grade** \_\_\_\_\_

List any previous injuries: \_\_\_\_\_

List any physical disabilities: \_\_\_\_\_

List any allergies: \_\_\_\_\_

List any Medications \_\_\_\_\_

*Please initial that you understand the following, and then sign below to acknowledge your child's participation.:*

\_\_\_\_\_ *Participating in Elementary School Athletics is a privilege that comes with expectations involving in-school (including the bus and extracurricular activities) behavior, academic effort, and attendance at practices and games. There are several issues that may negatively impact a student's playing time or ultimately, his/her continued participation on the team:*

\_\_\_\_\_ *Injuries are a natural part of sports. Hartland Lakeside is not responsible for injuries incurred by players during practices and games. Players should be covered by their own insurance.*

\_\_\_\_\_ *For program promotion purposes, photographs may be taken of participants and posted on the school website and/or brochures and flyers.*

\_\_\_\_\_ *Concussions are serious! Athletes will be removed from play after any collision or bump to the head, and stay removed from play until a written "return to play" is issued by a Certified Doctor. Hartland Lakeside has provided information on concussions to all parents of athletes.*

*I hereby give my permission for the above named student to practice and compete in Hartland Lakeside approved sports*

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**RETURN THIS FORM DIRECTLY TO MR NEKICH or a school office by  
Please visit our website at [www.hartlake.org](http://www.hartlake.org)  
Sign up online!**

## **Cross Country/Track and Field Club Information**

- ✦ **There is a Cross country run at Arrowhead on Friday September 23<sup>rd</sup>. Start time for the run is 5:00. Please arrive early to park and check in. There will also a Track meet in May(date tbd)**
- ✦ Kids will need: athletic shoes, comfortable clothes to play in (Dress in layers for weather)
- ✦ water bottle/snack optional but encouraged. Please follow the district policy for snacks.
- ✦ Practices will move to inside If bad weather.

